

Forget-Me-Not Newsletter

🥞 Western New York Perinatal Bereavement Network, Inc.

A Letter from the Editor

By: Dawn Both-Kim

So much to do, so little time to do it! The WNYPBN is gearing up again to create another amazing series of events to celebrate Pregnancy and Infant Loss (PaIL) Awareness Month. Christine has been working tirelessly in organizing and preparing for a meaningful October. She has secured billboards, the Landmark Lightings, set the date and is organizing the Wings of Love Monument at Forest Lawn dedication ceremony and of course has been taking the lead in preparing for the Walk to Remember. We truly hope that you and your family will be able to join us for a few of these events to help spread the word about perinatal loss.

The Walk to Remember is my very favorite event that the WNYPBN provides. I recalled

my friends and co-workers that joined me my very first year, back in 2005. We had no idea what to expect, but it was such a wonderful tribute to the babies we can only carry in our hearts.

On top of doing all this planning, Christine also has made time to apply for grants to assist the WNYPBN in continuing to help families and honor lives. The Wings of Love Memorial Fund received a \$7000 grant from the Maria Love Foundation. This grant will assist families who require financial assistance with interment assistance for their babies. On behalf of all of the families who have been assisted by Wings of Love, I would like to thank the Maria Love Foundation for their generous grant, and Christine Scott for her generosity of time to obtain these much-



need funds!

Thank you so much!

Please take some time to enjoy a little of our brief Buffalo summer. Let the sun shine upon your faces like a gentle caress from beyond... where our babies are sending us their love and a kiss until we can see them again.

Volume 15, Issue 3 August 2018-November 2018

Save the Dates:

- October 7, 2018—2018 Walk to Remember at Cheektowaga Town Park
- October 15, 2018—Pregnancy and Infant Loss (PaIL) Awareness Day—Gavin's Light Candle Lighting Ceremony, Landmark Lightings, etc.

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WNYPRN

Christine's Corner

By: Christine Scott, WNYPBN Executive Director

Every year when Dawn and I prepare this edition of the Forget-Me-Not Newsletter, a couple specific words come to mind: HOPE, REMEMBRANCE, HONOR, & AWARENESS! These words symbolize our summer preparations and planning efforts for the Month of October: Pregnancy and Infant Loss Awareness Month.

President Ronald Reagan proclaimed October as National Pregnancy and Infant Loss Awareness Month in 1988, making October a month of particular significance for families who have lost babies due to miscarriage, ectopic pregnancy, still-birth, and early infant death.

Approximately 1 in 4 pregnancies end in a perinatal loss, and it is a tragedy that impacts people from all regions and all walks of life.

The WNYPBN is here for you and your family to help you honor your beloved child as we walk on October 7th for Remembrance, Hope and Awareness! I sure Hope you and your family join us for this beautiful tribute this year and participate in the many planned activities throughout the month.

"Hope is the feather that reminds us that a piece of our hearts has wings."

~CMS/DBK

Sincerely, Christine



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Forget-YOU-Nots

Michael Anthony Anderson April 5, 2005

Always, Always in our Hearts! Love Nana & Papa xxxooo

We love you always! Love, Mommy, Daddy & Mia

Parents: Michael & Kelly Anderson

Lilya Raine Arena September 26, 2009 Hugs to the sky, baby! Mommy, Daddy and little sister Willow love and miss you.

Parents: Kelly & Michael Arena

Brody Lucas Bowser August 7, 2015 June 2, 2016 **Bowser Twins** February 8, 2010 Kade Albright

Parents: Amy & Justin Bowser

Gavin Joseph Buckner September 15, 2009 Happy 8th Birthday in heaven to my Gavin!! Love, mama, daddy, zack, sebastian, and dominic Parents: Ámy & Ryan Buckner

Liam Patrick Casey June 6-7, 2012 Beautiful Angel of ours. We think about you every day! Spread your wings and fly! Parents: Jerricka & Travis Casey

March 8, 2010 Riley James Croce Gabriella Irene Croce August 3, 2010 December 9, 2013 **Baby Croce**

Each one of you were wanted, missed, and loved. Love, mom and dad

Parents: Lena & Dan Croce

November 18, 1999 John Paul Jerebko Our little angel! Love, Mom, Dad, Jakob & Jackson Parents: Peter & Lisa Jerebko

Marrina Kim August 3-4, 2005 Ella Grace Kim June 8, 2007 We love you and think of you so very often. Please watch over us... now and always. Please give us

strength! Love, Mama, Daddy and Trent

Parents: Dawn & Mark Kim

Bud Charles Mott September 12, 2005 **Theresa Marie Mott** September 12, 2005 "Blueberry" Mott January 21, 2014 **Baby Mott** December 23, 2014

Miss you with all of our hearts, Theresa, Bud, "Blueberry" and Baby Mott. God knows our pain and sadness. We know that someday, we will see you again. All our love ~ Daddy, Mommy & Alison

Parents: Timothy & Beth Mott

Savannah Rose Neffke

January 14, 2013 - September 30, 2013 We love you Savy girl and miss you every day!!! Love, Mommy, Daddy, Adie, Keegan & Cameron Parents: Colleen & Adam Neffke

Olewniczak Twins Cecelia Rose and Arthur Norbert Jr

July 24, 2017

Always in our hearts.

Parents: Kelly Sipolo & Arthur Olewniczak

Noah Charles Pankiewicz August 18, 2017 We love and miss you everyday. Please continue to watch over and protect our family, especially your new little brother. Hugs, kisses, and all of our love to Noah

Parents: Laura & Scott Pankiewicz

October 24, 1992 Michael James Quigley Miss you more and more! 'Til we meet again! Love, mom

Parent: Debi Zmuda

Jacob Wesley Scott May 27, 2000 We love you and think of you every day! Butterfly kisses, buddy! Love, Mom, Dad, Thomas & Mandy Parents: Phillip & Christine Scott

Grace Lee Zimmer April 12, 2012 Until we meet again, fly sweet butterfly, fly! A moment in our arms, A lifetime in our hearts. Love, Mom, Dad, Hunter and Luke

Parents: Donna & Russell Zimmer

Angela Marie Capage August 28, 2003 It's hard to believe you'd be 15 years old. It seems like yesterday yet so long ago. You're always on my mind and forever in our hearts.

Love, Mommy, Julia, Matthew and Morgan

Parent: Lisa Capage



Interested in submitting a memorial or announce your rainbow baby?

Please email your baby's Forget-YOU-Not or Safe Arrival to: forgetmenotnewsletter@hotmail.com

Submissions are due by the 15th of the month prior to the issue month. Family members and friends are also encouraged to submit.

Safe Arrivals

Noah Thomas Doldan was born on May 14. 2018 at 7 lbs 3 oz and 20 inches long to Milinda Jordan. Remembering Always, Logan Michael Doldan (December 26, 2016)

Kavdence Marie Olewniczak was born on June 9, 2018 to KellySipolo and Arthur Olewniczak Jr. The family will always remember the twins, Cecelia Rose & Arthur Norbert (July 24, 2017)

Blessed parents, Laura and Scott Pankiewicz, along with big brothers Matthew, Ryan, and Noah (August 18, 2017) are overjoyed to announce the arrival of Scott Lucas Pankiewicz! He was born on Friday, July 13, 2018 at 1:14 pm. He weighed 7 pounds, 1 ounce and was 19 inches long. We are so in love with "Little Scott"!



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Elegant Evening to Remember Recap

The Elegant Evening to Remember was held on May 18, 2018 and was a wonderful event honoring physicians, nurses, volunteers and organizations for their dedication to the bereaved in our community. The event raised more than \$32,000 to fund the important programs of the WNYPBN.

A Heart-Felt Congratulations and Thank You to all of our Award recipients.

Physicians of the Year

Dr. Jaime Obst, DO Obstetrics and Gynecology - Sisters of Charity Hospital

Dr. Amber Krol, DO OB/GYN Associates of WNY

Nurses of the Year

Shanon Castiglione, RN Neonatal Intensive Care Unit - John R. Oishei Children's Hospital

Jennifer Gorman, RN Labor & Delivery - Sisters of Charity Hospital Terri Ryan, RN Community Nurse, Hospice Buffalo - Essential Care for Children

Volunteer of the Year

Donna Zimmer Bereaved Mother – WNYPBN Volunteer

Community Service

Jennifer & Bruce Pritchett Ride to Remember

Dori & Kyle McGowan Ryan's Reason

Community Awareness

Jeffrey Wisniewski LAMAR Advertising

William and Kristina Craig Run4Buffalo - Now called "Medal Chasers"

The WNYPBN would also like to thank all of our sponsors, donors, and planning committee that helped make the event a success!

Remembrance Sponsor:

Catholic Health

Candlelight Sponsors:

Hospice Buffalo Essential Care for Children, Key Bank, OB/GYN Associates of WNY

Hope Sponsors:

The Anderson Family, KMR Heating and Cooling, Oishei Children's Hospital, Village Veterinary Clinic of Hamburg

Heart Sponsors:

Kennedy for Senate, The Rockside Nine, UB/MD Obstetrics Gynecology, UB/MD Pediatrics: Dept of Neonatology

Planning Committee:

Christine Scott, Kelly Anderson, Donna Zimmer, Dawn Both-Kim, Lisa Jerebko

By: Dawn Both-Kim

Medal Chasers — Forever In My Heart Virtual Race

Our most popular event from 2017 helped raise awareness for Miscarriage & Infant Loss. This event was recognized & awarded by the Western New York Perinatal Bereavement Network for raising community awareness in support of its mission. For 2018, we introduce a slightly new bib/medal design, custom keepsake race bib, a 24 inch necklace & the Medal Chasers Forever in My Heart silicon bracelet as part of the race packet. The run offers three virtual options & a group 5k option. For virtual options you choose a 5k, 10k or half marathon and run your race at your pace anywhere in the world. Group 5k information is below. Registration is \$25 - no additional cost is added for participants in the USA & Canada. \$6.95 fee for international shipping will be added at checkout. All shipping fees are waived if your order is more the \$60.

Virtual Registration - You will receive a confirmation of purchase email shortly after regis-

tering. Medals are shipped to participants 2-5 days after registration and payment has been processed. Once your order has shipped, you will receive another email with a USPS Tracking number so you can track your order. We ship all medals via USPS mail. If the total weight of your order is 16 oz or less, they are shipped via First Class mail. If the weight is more than 16 oz, we will ship them via Priority Mail.

Group 5k - TBA - The group 5k will take place in October at Location TBA. If you choose this option and join us, we will bring your medal & bib to the event that morning. Complete group run details will be provided in 3-5 days after your registration has been processed.

ALL Sales are final! All medals are carefully inspected and shipped in bubble mailers to protect your purchase during transit. Medal Chasers, LLC is not responsible for damage

that occurs in transit. Occasionally, due to unexpected demand for a specific race or manufacturing delays beyond our control, there may be slight delays with mailing. We will communicate these on each race's registration page and our Facebook page as soon as we are aware of the delay.

A Medal Chasers virtual run/walk event can be completed anytime and anyplace. You can sign up anytime as long as medals are available. Regardless of when the medal is sold, a portion of the proceeds will go to the featured charity of that race. We host our events on our Medal Chasers Facebook page, so please join us there for motivation and support. Connect with us on Twitter and Instagram as well!

All artwork and designs are the property of Medal Chasers, LLC. Purchasing of the medal does not transfer or confer rights of reproductions. All rights are reserved Medal Chasers, LLC © 2016-2018.



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Pregnancy & Infant Loss Awareness Month/Day

In 1988, President Ronald Reagan proclaimed October as National Pregnancy and Infant Loss (PaIL) Awareness Month. Thereafter, October became a month of particular significance for families who have lost babies due to miscarriage, ectopic pregnancy, stillbirth, and early infant death—a tragedy that impacts people from all regions and all walks of life.

Specifically, Pregnancy and Infant Loss (PaIL) Awareness Day is celebrated on October 15th all around the world. The event that binds the world together for PaIL Awareness is the International Wave of Light. It is Celbrated around the world in all time zones by lighting a candle in honor of our babies gone too soon at precisely 7:00 PM and keeping it lit for an hour. As the sunlight moves around the globe, so does the candlelight, creating a Wave in honor of perinatal loss.

The WNYPBN, Inc. has created and is sponsoring/assisting in creating various events in commemoration of PaIL Awareness Day to promote awareness about the tragedy of perinatal loss:

Gavin's Light – The 9th annual Pregnancy and Infant Loss Awareness Candle Lighting Vigil will be held on Monday October 15th, 2018 at 7:00 PM at The Oratory Of The Sacred Heart (43 Maple Avenue, Portville NY 14770) For more information on this event, please contact Amy Buckner on Facebook at https://www.facebook.com/groups/113882885299520/

Landmark Lights—The Peace Bridge, portions of Canalside Buffalo and Niagara Falls (from 10:00-10:15 PM) will be lit in Pink and Blue at dusk to commemorate our babies gone too soon.

Wings of Love Memorial Garden Monument Dedication—The Wings of Love Memorial Garden at Forest Lawn Cemetery in Buffalo would like to announce a dedication ceremony for the Monument that was completed and installed this summer. The ceremony will take place on Pregnancy and Infant Loss Awareness Day, October 15, at the Forest Lawn Memorial Garden Site at 11:00 AM. Please contact Christine Scott at the WNY-PBN office for more information (716) 626-6363 or Christine@wnypbn.org.

PaIL Awareness on Social Media—Please post your pictures of your Wave of Light honorary candles on our Facebook page with #PaILAwareness2018 and/or #WNYPBN. Also, if you happen to visit the Landmark Lights, also post photos of these with the same hashtags. Any and all posts will be entered into a drawing for a \$20 Target gift card provided in loving memory of Marrina & Ella Grace Kim.

Walk to Remember 2018—The Walk to Remember will be held on October 7, 2018 at Cheektowaga Town Park. Sign-In and Registration opens at 11:00 AM with the event beginning around noon. See page 5 for all the details. Registration for the Walk to Remember will again be solely online at: www.gvgb.co/WalktoRemember2018

The Walk to Remember has become a very large event. The WNYPBN continues to help all of our families who have lost a baby, and therefore asks for a registration donation which covers a picnic lunch, kids zone, as well as various other amenities to make this event special. We realize that this event was not a fundraising event in the distant past, but the size, community need, and outreach over the years has grown tremendously and your support is essential to keep the much needed support programs running. If you have financial concerns about the Walk but would still appreciate attending this event, please contact the WNYPBN office.

WNYPBN PaIL Awareness Billboards— Two billboards created for the WNYPBN will be in place throughout Buffalo. One will be placed for PaIL Awareness in October. The

other will be placed in late September to advertise for the Walk to Remember. Take a photo of either of these billboards (space provided by LAMAR Advertising) with the #PaILAwareness or #WNYPBN and you will be entered into the Social Media drawing.

By: Dawn Both-Kim

Volunteer Opportunities at the WNYPBN

The WNYPBN is a 501(c)3 charitable organization that assists families that have endured the tragedy of perinatal loss, and educates the community at large in supporting these families. We are always looking for volunteers to help us help others. If you can assist with any of these needs, please contact Christine Scott at the WNYPBN office 716-626-6363.

We are looking for donations of office and crafting supplies for our support groups, events and day-to-day business activities (printing, record keeping, logging calls to bereaved families, etc). Please contact us if you have the means to donate any items.

The WNYPBN is also looking for bereaved family members who would be willing to assist with the **Parent Telephone Support Team** (PTST). Your duties will be to contact a newly bereaved family for emotional support. Your loss should have occurred at least one year prior to joining the PTST.

We always need volunteers for our events. Presently, we are looking for volunteers to

help with the Walk to Remember. Often, high school students need to perform community service for government classes. This is a perfect event to fulfill that requirement!!

We can always use help with office support: taking phone messages, preparing envelopes for mailings, cutting postcards, organizing supplies, etc. If you have time and would like to help out, please let us know!

By: Dawn Both-Kim



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Walk to Remember 2018

October 7, 2018 Cheektowaga Town Park

Event Check-In and Day-of Registration will begin at 11:00 AM Program begins at 12:00 Noon



Throughout the nation, parents, family members, friends and healthcare professionals gather to pay tribute to the approximately 870,000 babies who die each year due to miscarriage, ectopic (tubal) pregnancy, stillbirth or early infant death. For the parents who have experienced perinatal loss, this event is an opportunity to listen to beautiful songs and poems, plant a tree, and come together with other parents to remember their beloved children.

At our event, there will be printed signs with baby names along the Walk route. If you have your sign from past years and wish to use it again, please bring it before 11:15 AM, so our volunteers have time to place it along the path. Please do not place your signs on your own. The baby signs are truly one of the most beautiful and endearing parts of the Walk. If you are new to this event, you will likely want to order a sign - you may do so as you register.

As we walk reverently in memory of these special babies, you may want to stop and take a picture or personalize your sign. Flowers will be distributed for you to place with each baby's sign.

Like other memorial walks, the Walk to Remember promotes awareness about the pain of infant loss and the effect it has on families, as well as raises money to help support those afflicted by a tragic loss. We ask that those participating in the Walk obtain donations to help support the Western New York Perinatal Bereavement Network, Inc. (WNYPBN) by creating a safe and secure fundraising page at www.gvgb.co/WalktoRemember2018.

Registration will close on September 25th to ensure time to print names in the Walk Program. Registration donation is \$20 per person, or teams of 4 or more for \$75, which includes:

- Walk to Remember Cinch Bag with this year's logo - 4 bags maximum with team registration
- Picnic lunch sponsored by Frontier Catering and Sahlen's
- Your baby(ies)'s name listed on the "Book of Life" Memorial Wall
- Kids' Zone
- Walker Gifts

Children 10 years of age and under are not requested to pay a registration fee.

Registration will be available on the Day of the Walk for \$25. Cinch Bags will be available while supplies last.

Summary of the Program:

The Walk ceremony will include a SmileCloud(TM) Release in memory of our beautiful babies gone too soon. All preregistered families will have their baby(ies)'s name(s) listed on the "Book of Life" Memorial Wall and will be able to add them to the Center Stage's Book of Life. Please do not bring and release personal balloons.

We will listen to music and poetry, plant a Bradford Pear tree, and release SmileCloud (TM) to begin the memorial Walk. You may sponsor (Remembrance Tribute) the tree planting, Cloud release or the flowers as you register for the Walk. The Walk route is approximately one mile in length, along walkways and sidewalks (wheelchair accessible).

At the conclusion of the Walk, there will be a complimentary picnic lunch provided by Frontier Catering and Sahlen's..

A "Kids Zone" with supervised care, games and crafts will be provided to allow adult family members to reflect on the day.

The Walk will commence RAIN or SHINE!

After you register, please consider creating a memorial page in honor of your baby gone too soon. You can tell your story of loss, share photographs and collect pledges to support the important programs of the WNYPBN. In addition, please feel free to collect monetary pledges to bring with you on the day of the Walk.

\$1000 in pledges - Wings of Love engraved paver at the Wings of Love Memorial Garden

The family with the most in pledges will also receive an engraved bronze butterfly at a Wings of Love Memorial Garden.



Invite your family and friends to register and collect pledges for your team, then join you to truly make the Walk to Remember a celebration of LIFE!

If you have questions or registration/financial concerns, please feel free to contact the WNY-PBN Office for assistance: 716-626-6363







In Memory and Honor of Helen Pritchett

Daughter of Bruce and Jennifer Pritchett Sister of Ethan and Rebecca Pritchett

When: Saturday September 15th, 2018

Chicken BBQ & Basket Raffle

Doors open at 11:00 AM

Chicken BBQ Take Out/Eat available starting at 12:00 PM

(300 Dinners Available: \$10.00 presale and \$12.00 day of)

Located at the Oakfield Alabama Baptist Church
2210 Judge Road

Oakfield, NY 14125

For more information & to purchase a presale BBQ tickets contact Jennifer Pritchett at: jpritchett14@gmail.com or (716) 498-2875



All Proceeds Benefit

The Western New York

Perinatal Bereavement Network, Inc. and the

"Remembering Love in a Heartbeat" Project

www.wnypbn.org



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Paint Night to Support the WNYPBN was a Success!



On May 2, 2018, at the Wilson Support Center at Hospice, the WNYPBN held a paint night to support the important programs of the WNY-PBN. Lead by, "Paint Night at Your House, by Dawn Both-Kim," the group of 11 women, one man and a devilishly handsome 10 year old painted a meaningful and beautiful paint-

ing of an angel holding a baby.

The original work, created by Dawn Both-Kim, with influences of Jane Font from "Painting with Jane" (YouTube, social media, etc) and works of art at various home décor retailers, was initially painted with a pallet knife. When she showed Christine Scott, Christine asked her to teach a paint night, that acted as a support group as well.

"I created the piece with love in my daughters' memory, but I knew sharing this piece with others would mean even more!" Both-Kim said

These paintings are a beautiful tribute to our



babies gone too soon, and helped in healing a piece of our hearts along the way. Keep an eye out for other crafting evenings held by the WNYPBN on Facebook and our website!

By: Dawn Both-Kim

A Beautiful Little Angel

Heart full of joy and excitement
To meet you face to face.
Months of waiting and anticipating
To give you my soft embrace.

Amazed at God's blessed marvel,
I watched in wonder as you grew.
For nine months you were my daily miracle
Every move I felt, sparked a love so new.

Now my little one lies here with me, In a deep slumber she'll forever be. Pretty eyes I'll never be able to see, Nor hear her voice be filled with glee.

My heart is in grief, it feels so empty.

The reason you're gone is still a mystery

You are my Beautiful Little Angel

Most treasured but not meant to be with me.

Rest now, my beautiful little angel... You are loved and you will be missed. Forever in our heart is where you'll stay, Until we see you again someday. We love you, Khayeden Germay... © Amor Hall - Pineda

Published: August 2015



Source: https://www.familyfriendpoems.com/poem/a-beautiful-little-angel

Western New York Perinatal Bereavement Network, Inc. Wilson Support Center 150 Bennett Road Cheektowaga, NY 14227

Phone: 716-626-6363 Fax: 716-626-6368 Email: christine@wnypbn.org



Helping Families Honoring Lives

Our Mission

The mission of the Western New York Perinatal Bereavement Network (WNYPBN), Inc. is to assist the community to meet the needs of people facing the pain of perinatal death. We promote standards of bereavement intervention through educational support, community programs, and referral services to bereaved parents. The WNYPBN supports an established standard of care following a perinatal death, regardless of the facility where the birth took place.

Member Organizations:

Baby's Sweet Beginnings Lactation & Wellness Center

Brooks Memorial Hospital

Catholic Charities of Buffalo -WIC Program

Catholic Health System

Mercy Hospital

Mount St. Mary's Hospital of Lewiston

Sisters of Charity Hospital

The Center For Hospice & Pailliatve Care ~ Essential Care for Children

Eastern Niagara Hospital-Lockport Division

Kaleida Health

Oishei Children's Hospital

Millard Fillmore Suburban Hospital

Jones Memorial Hospital

Wilson Support Center

Niagara Falls Memorial Hospital

Olean General Hospital

United Memorial Medical Center

WCA Hospital

Wyoming County Community Health System

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Checktowaga, NY 14227 150 Bennett Road. The Wilson Support Center WNYPBN, Inc.

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